

# Chemical Hygiene Plan Appendix D

## First Aid Kit Policy

### The Ohio State University And Medical Center Employee Health Service

#### Policy G-15: Workplace First Aid

Developed by: Office of Environmental Health & Safety and Employee Health

On -site first aid kits should contain supplies that allow individuals to treat themselves.

Examples:

- 1) Band-Aids of several sizes and shapes,
- 2) Gauze pads and one inch tape for a wound larger than Band-Aid size.

The most important first aid procedure for minor cuts and abrasions is to “clean the wound thoroughly with soap and water”. This statement should be written or posted on the front of the kit.

Reasons for keeping First Aid Kits simple are:

- 1) Workplace injuries should be formally evaluated by Employee Health Service to assure proper care, documentation, and follow-up of the accident,
- 2) Coworkers should not be involved in the care of an injured worker’s wounds due to risks with exposures to blood and body fluids,
- 3) There are also requirements for training workers who render first aid care in the workplace, and
- 4) For more serious injuries, the injured worker should be transported to the Employee Health Service Clinic or the Emergency Department. The emergency squad should be called when necessary..

Medications, such as decongestants, analgesics, and antihistamines, are not emergency supplies.

Advanced first-aid equipment should be supplied only when personnel are trained in their use and are available..

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### **Chemical Laboratory First Aid Kit--Contents**

1. 4 oz. -- 4% chlorhexidine germicidal soap
2. 1 doz.-- alcohol swabs
3. 4 oz. --Sterile Dacriose irrigating solution
4. 25 --1" adhesive bandages
5. 15 --extra large adhesive bandages
6. 10 --sterile 4"x 4" gauze pads
7. 1 roll --1" plastic adhesive tape
8. 2 --2" Kling gauze rolls
9. 1 --4" elastic bandage
10. 3 --4" burn free dressings
11. 3 --1/8-oz. packets of burn free gel
12. 4 --1/32 oz. packets of Neosporin ointment
  
13. 2 pr. Each—size 7 & 8 non-sterile vinyl gloves
14. 1 pr. Each--size 7 & 8 sterile latex gloves
15. 1 pr. – 4" or 5" bandage scissors
16. 1 -- thumb forceps without teeth
17. 3 -- sterile wrapped double packs of cotton tipped applicators
18. 3 -- individually wrapper tongue depressors
19. 1 -- non-sterile packaged hand towel
  
20. (If cyanide exposure is of concern, add 6 ampoules (pearls) of amyl nitrite)
21. (If hydrofluoric acid is in use add 25 gm tube of calcium gluconate gel for skin burns)

These items should be packaged with directions for use and the kit should be inventoried and updated every six months.

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